

AUTUMN WINTER COLLECTION

A weekend at home goes by in a flash and we hardly have time to enjoy time with our family, go on a date or play with the kids. There is always a dinner, shopping, visits, housework, a football game on TV, some issue that needs attention, or it's bad weather outside.

So, one of the next few weekends, put down your mobile, forget about games and TV, household chores and shopping and escape to the countryside with your family. Autumn is the ideal time for it - it's still warm enough to go outdoors, but the warm colours hint at cosiness. Enjoy doing things with your family, build up your relationships free of distractions and discover your true nature. Wear suitable shoes for long walks and warm, light and comfortable coats Get ready to smile and be happy with those you love. Take along a story book to read at sunset, or let your imagination fly away and give yourself up to nature as it reveals your inner self and true emotions to you.

